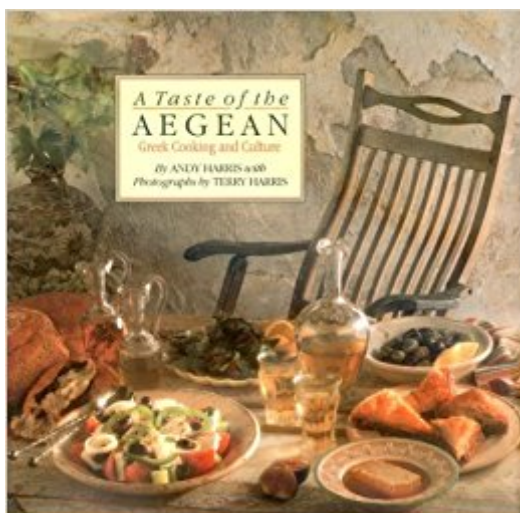


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A Taste Of The Aegean: Greek Cooking And Culture



Synopsis

A celebration of Greece and Greek cooking

Book Information

Hardcover: 152 pages

Publisher: Abbeville Press (August 1, 1992)

Language: English

ISBN-10: 1558593616

ISBN-13: 978-1558593619

Product Dimensions: 0.8 x 9.2 x 9.2 inches

Shipping Weight: 1.8 pounds

Average Customer Review: 4.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #960,842 in Books (See Top 100 in Books) #107 in [Books > Cookbooks, Food & Wine > Regional & International > European > Greek](#)

Customer Reviews

Tourists return from Greece enamored with Greek cooking. But the cuisine seems never to turn out as well at home as it did on those sunny isles. Harris' book has the look of a travel memoir, with Terry Harris' multiple-color photographs, which appear to emphasize primary colors as do most pictures of the Aegean. Harris categorizes Greece's food by its origins in the archipelago or in the Hellenic peninsula's mountainous north. Thus the first selection of recipes emphasizes seafood and the second, meats. These recipes aim to make plain how unadorned Greek cooking can be. A stew of pork and leeks has little else in it, so both meat and vegetable must be highest quality if the dish is to succeed. Recipes are not indexed, so finding them within the text can be a chore. A glossary renders Greek ingredients into their English equivalents. Mark KnoblauchCopyright © American Library Association. All rights reserved --This text refers to an out of print or unavailable edition of this title.

This is one of the great books for anybody going to Greece or interested in contemporary Greece. It is more than a cookbook. Rather, it is a travel book and a resource on Greek culture. It is not just about the Aegean; it covers all of Greece. I bought it to send to a young man who will be studying in Athens next year, because it has an extensive section on Athens, and it may give him some ideas for trips to other parts of the country.

Good book, expected more recipes. Still really good though!

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